

UWW 2024

INSPIRATION BOX

INCLUSION

- **ZERO HUNGER:** The project focuses on objective n.2 of the UN Agenda 2030:

"Defeat hunger" and want to spread a sober lifestyle, based on love for others, to make many participants in a new culture, based on giving and sharing.

To achieve the "Zero Hunger" objective, a precise strategy is proposed, conceived along eight lines of action: they are the so-called "colored paths", which include sharing, testimony, mobilization for peace and for the protection of environment, but also raising public awareness through art forms, moments of in-depth analysis and presence on **social media**.

DOWNLOAD the sheet with all the steps to achieve the "Zero Hunger" goal

<https://drive.google.com/drive/u/0/folders/1gQU1y5w-4Wu4HkwzmbDE1MnNH64gCYI6>

- **A day of living together:** get together with your community, with your friends or family and experience the joy of being together, plan actions, open a discussion. You can also watch a film from the Spark Changers (see UWP film column) and then discuss ideas and possibilities, creating opportunities to understand other points of view. Maybe something new will be born or something will be built from there, to go and meet the others who are outside.
 - **Hot topics and mental health (organize debates):** one of the things that can build a better and more united society is knowledge, where we are aware of ourselves and that every way we act can have a huge long-term impact... Thus knowledge and value can spread. So if you have a group in your city and you have the possibility to
-

go to schools or groups, you can prepare a time to call an expert to talk about some important topics in the world today, so as to involve those who feel alone or isolated.

- **How to make your activities more inclusive:** In a society characterized by so much division and polarization, inclusion is a core value that must encompass all of our activities. Here are some tips to make your activities more inclusive:
 1. **Diversity is inclusion:** It is essential to involve different communities, including minorities and marginalized groups, as building a united world requires the commitment and participation of everyone, regardless of context or circumstances.
 2. **Collaborate for a common goal:** Practical engagement enables individuals to take responsibility and inspires a sense of responsibility towards society. Collaboration between stakeholders, including local communities, educators, policy makers and project participants, is essential to achieve meaningful and lasting results.
 3. **Cultural and linguistic diversity as a resource:** Cultural and linguistic diversity represents a great challenge and can create many barriers to engagement, but embracing it enriches community efforts and promotes mutual understanding and tolerance. Overcoming language barriers and promoting inclusive spaces allows different communities to collaborate towards common goals.

These were the lessons learned from the [Greenclusive Project](#), which is dedicated to cultivating commitment to ecological responsibility among younger generations. By putting social minorities at the forefront, they aim to create a more inclusive and sustainable future. The methodology used in the project revolves around a “learn, act, share” approach, characterized by comprehensive training, practical engagement in local green activities and effective communication and dissemination strategies. [Discover some training and creative ideas to involve young people!](#)

This project is co-financed by the European Union:
https://www.youtube.com/watch?v=bMheHO_iteQ

PEACE

- **FLAGS FOR PEACE:** Reflect together on some aspects that distinguish peace and then design and create, alone or in small groups, your peace flag: free your imagination and express your creativity by representing what peace is for you. Participate in the global peace relay "[Run4Unity](#)", whose slogan for this year is Spark Peace or in other public demonstrations (peace marches, street activities, etc.) and parade with your flag. At the end of the event, exchange with other groups present or choose a school/group that participated in the Run4Unity or is part of the Living Peace International network to send it to.

- **KITES FOR PEACE:** May our skies be dressed in colours!

Prepare kites of the size you prefer, with free designs. The colors you choose will express your desires and will carry your message of Peace to the sky. Let your imagination and fantasy fly!

Why?

Because there are many of us who want to see from above a harmonious world, full of light, which unites us as brothers and sisters with each other and with the nature that surrounds us.

"Where you live, and me here, the same wind will embrace us...".

<https://www.youtube.com/watch?v=xzFbL7-kpSw>

Languages IT - EN - ES - PT

- **PAINT WITH ME:** I'll paint one half and you paint the other

The aim is to promote intergenerational communion, with the younger ones approaching the older ones with a lot of warmth and colour. The initiative involves young people coloring half of a "peace mandala".

Afterwards, they can be taken to a retirement home, or to people on their own, so that they can color the other half of the mandala.

At the end of the activity, the mandalas can be displayed in the corridors, dining room or living room of the residence or house, to visually remember this communion between generations.

If you want to receive black and white mandalas to be colored, write to:

info@livingpeaceinternational.org

<https://www.youtube.com/watch?v=vR2hJ9hkJS0>

http://www.livingpeaceinternational.org/attachments/article/304/Scheda%20pj_Mandala_sDiPace%20DEF.pdf

- **THE TREE FOR PEACE:** Reflect and talk in groups about the meaning of peace through caring for our environment. Artistically express what emerged from the discussion by drawing or building your own Peace Tree.

Guidelines for carrying out the activity:

ROOTS SECTION

Think and share the values that promote Peace through the care of Nature. Write the values on the roots.

TRUNK SECTION

- Discuss which are the faculty nodes that damage Nature.

-
- Represent the nodes and write down the identified key words.

FOLIAGE SECTION

- Identify what benefits Nature offers us.
- Write them down on the leaves of the tree.

FLOWERS SECTION

- Identify what actions you have carried out together with others or as a family to safeguard nature and peace.
- Write down your answers on the flowers.

http://www.livingpeaceinternational.org/attachments/article/304/Scheda%20pj_AlberodellaPace%20DEF.pdf

<https://youtu.be/WvVMwem4f80>

Languages: IT - EN - ES - PT - FR

If you want to share the fruit of your labor, take a photo of your tree and send to:

info@livingpeaceinternational.org

- **THE ART OF DIALOGUE TOWARDS PEACE:** The biggest challenges in the world today cannot be solved alone, that's when the art of dialogue comes into play. Creating safe spaces where people can connect, share and dialogue can generate a sense of purpose and community, allowing people to collaborate and make meaningful change towards peace.

Here are some ideas to explore by creating dialogue groups:

[Dialogue between people from different regions or countries](#)

[Dialogue between people from different cultures](#)

[Dialogue between people from different religions](#)

[Dialogue between people from different Christian churches](#)

This is the experience of the [Dialogue Project](#), which aims to encourage the emergence of transversal dimensions of identity, overcoming national borders and contributing to the peace-building process.

[Discover more inspiration](#): This project is funded by the European Union.

ART

- **Dancing and singing for harmony between people:** the arts, such as singing, dancing, drumming and performing, can be a way to promote social inclusion and strengthen intercultural skills. Gather a group of young people and create an artistic performance together: it can be a dance, a choral song, a theater show... take the opportunity to be creative together and spread the message of peace and a united world through art!

This is the aim of the [Heartmony project](#), which brings together young people from different social contexts, such as migrants and refugees, to make them feel welcomed and fully part of the community. The training courses held by [Gen Rosso](#) and [Dance Lab Armonia](#) provided young people with social inclusion methodologies for migrants and refugees through art, helping to reflect on the causes and effects of migration in the Mediterranean area.

Watch these videos for more inspiration:

https://www.youtube.com/watch?v=AjnaH_KTEb0

<https://www.youtube.com/watch?v=3lsytbrNA88>

<https://www.youtube.com/watch?v=Mjz4SbOI1YI>

This project is co-financed by Erasmus and the European Union.

- **Organize activities (with children or people living on the streets, elderly people with associations, communities, parishes, neighborhoods, squares...)** where we can present and do artistic things together such as dancing, songs, face painting, recycling, develop our creativity where through art we can bring a smile and peace to the hearts of those who suffer the most. There is a beautiful example of a community that decided to carry out a social action by distributing food to the homeless in its city. This food arrived in a box with a drawing or a phrase that also motivated the person who received that donation.

- **Use art (dance, music or theater) to convey the message to people:** We are naturally drawn to art, music, dance, very powerful types of expression that touch any human being and there is nothing more incredible than using these tools to bring our message of a better world to everyone. Search within yourself what you can do, also gather your friends and with them create some art to promote: a theater show, a song or something else and in this way you reach people to shout that a united world is possible.